

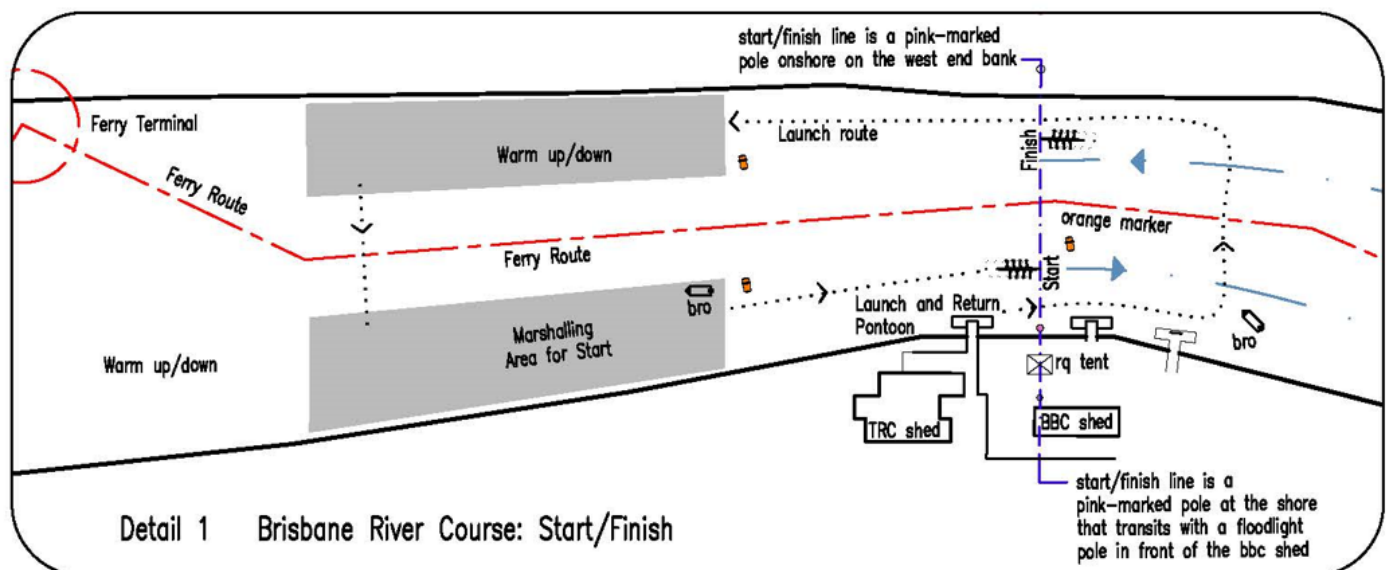
HOTB COURSE AND RULES

Course and Rules Highlights:

- Racing starts at 7:00 am
- The Start and Finish line is between the Toowong Rowing Club's and BBC School's pontoons (marked in red on the opposite bank), please see maps.
- The Start is a rolling start with 10 seconds between the crews.
- The U-turn is opposite the corner near 'The Paringa Place', see maps.
- Launching is from the Toowong Rowing Club's pontoon upstream (to the right when standing on the pontoon facing the river).
- Crews are to be in the designated marshalling area 10min before the start time.
- Please, immediately proceed to the designated stopping area after the finish line.

The details:

Crews entering the river will do so via the Toowong Rowing Club pontoon in front of the TRC lower shed. The Pontoon Marshals will advise crews when it is safe to depart the pontoon and safely make their way toward the BBC first (hot) pontoon. When the cox deems safe, and while obeying any instructions of the course Marshal, the crew will row across to the northern bank before rowing toward the marshalling area for warming up and joining the start queue. Crews approaching the marshalling area from a club located along the Brisbane River (i.e., they didn't boat from the TRC pontoon) must ensure they avoid crews starting and finishing the race and other crews entering the marshalling area.

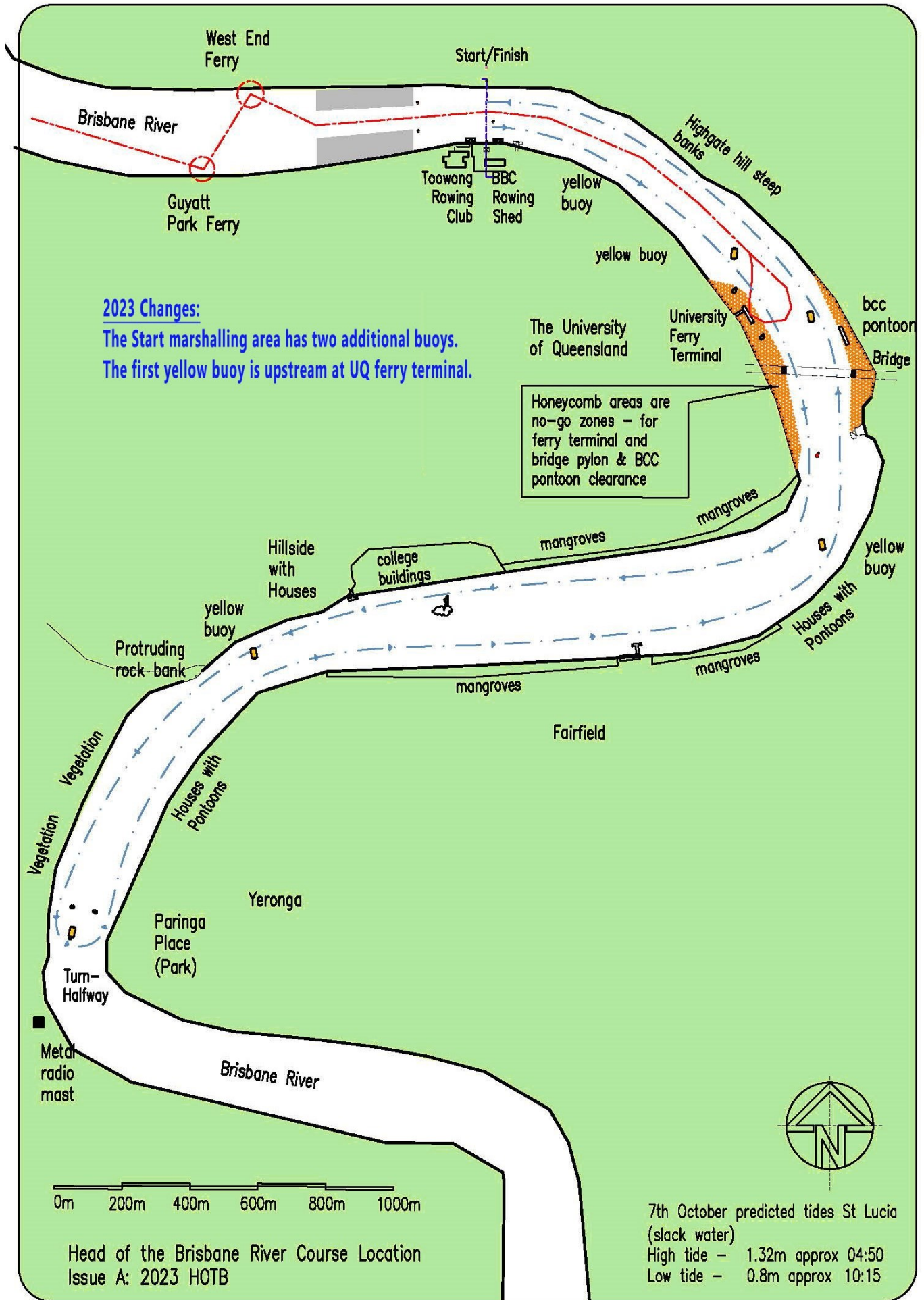


A 500m zone downstream (toward the city) of the Start Line is the designated Start Marshalling Area. Crews not preparing to join the start queue should not enter this zone and should carry out their warmup exercises downstream of this area.

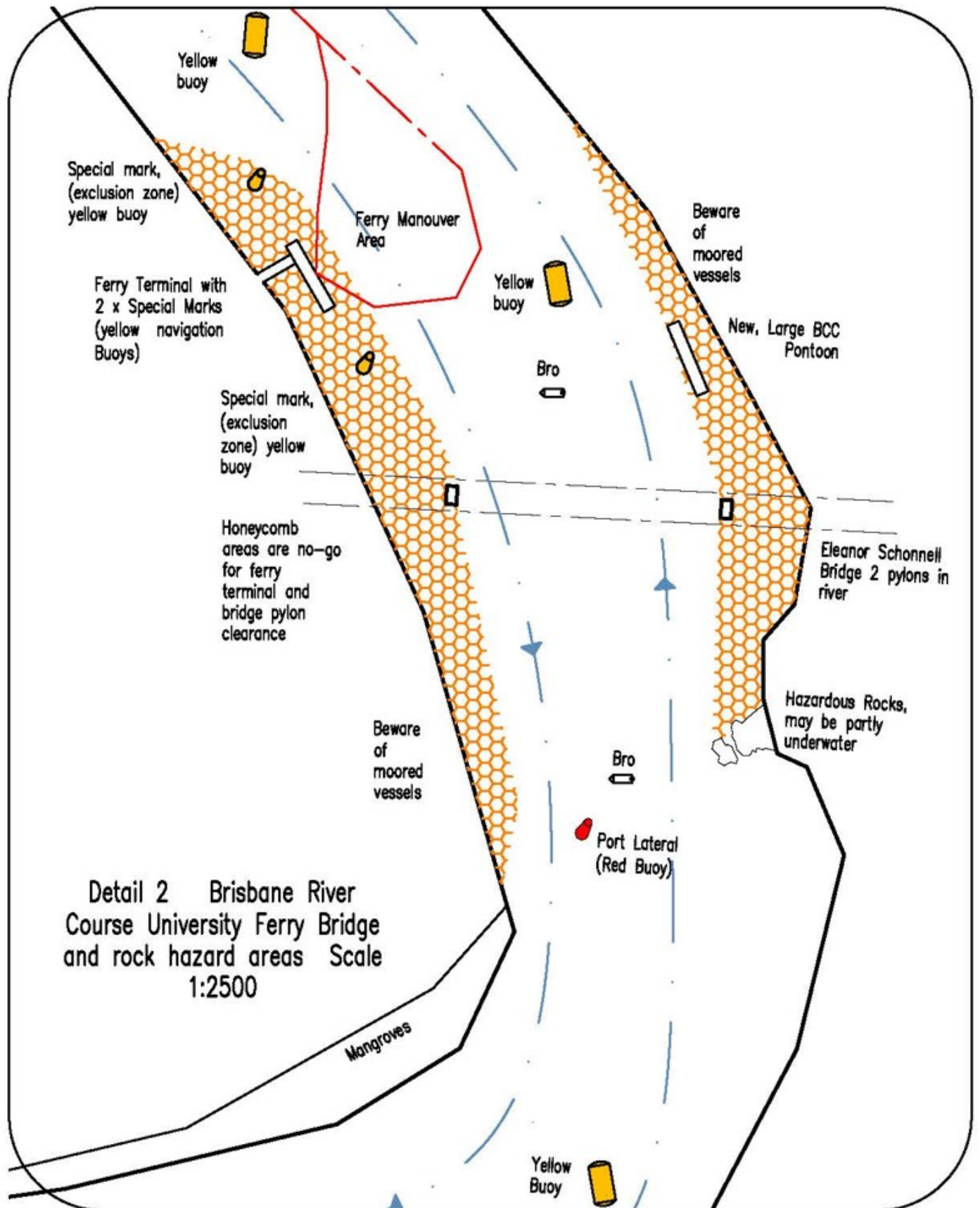
Crews must line up at least 10 minutes before their start time. The Start Marshals will assist crews in forming up for the start. While the start time for your race is set out in the draw, the actual start time will be determined by the Start Marshal to best deal with the prevailing conditions and the movements of other river craft, including the City Cats.

Each crew shall line up for their start in single file following the alphanumeric order. From a stationary position, crews will be called to commence rowing approximately 100m from the actual start line by the Starting Umpire. **Each crew's starting time will be taken as they cross the start line.** Crews are encouraged to be at full race pace as they cross the start line, which will be marked by a red buoy on the rowers' stroke side.

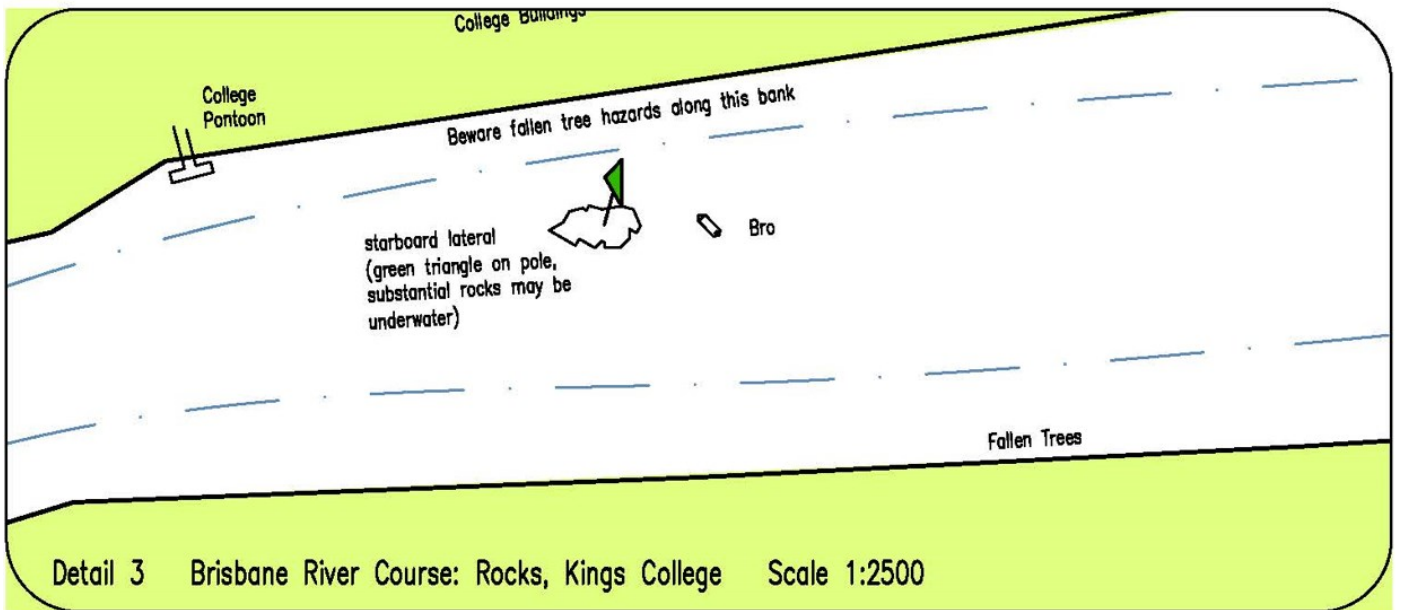
Please note that the City Cat service will continue to operate throughout the event, and crews must be aware of their presence and give way to the City Cats.



The course winds down the river under the spectator-friendly Eleanor Schonell Bridge. The sharp turn after the bridge will test each crew's mettle as they vie for the best line.

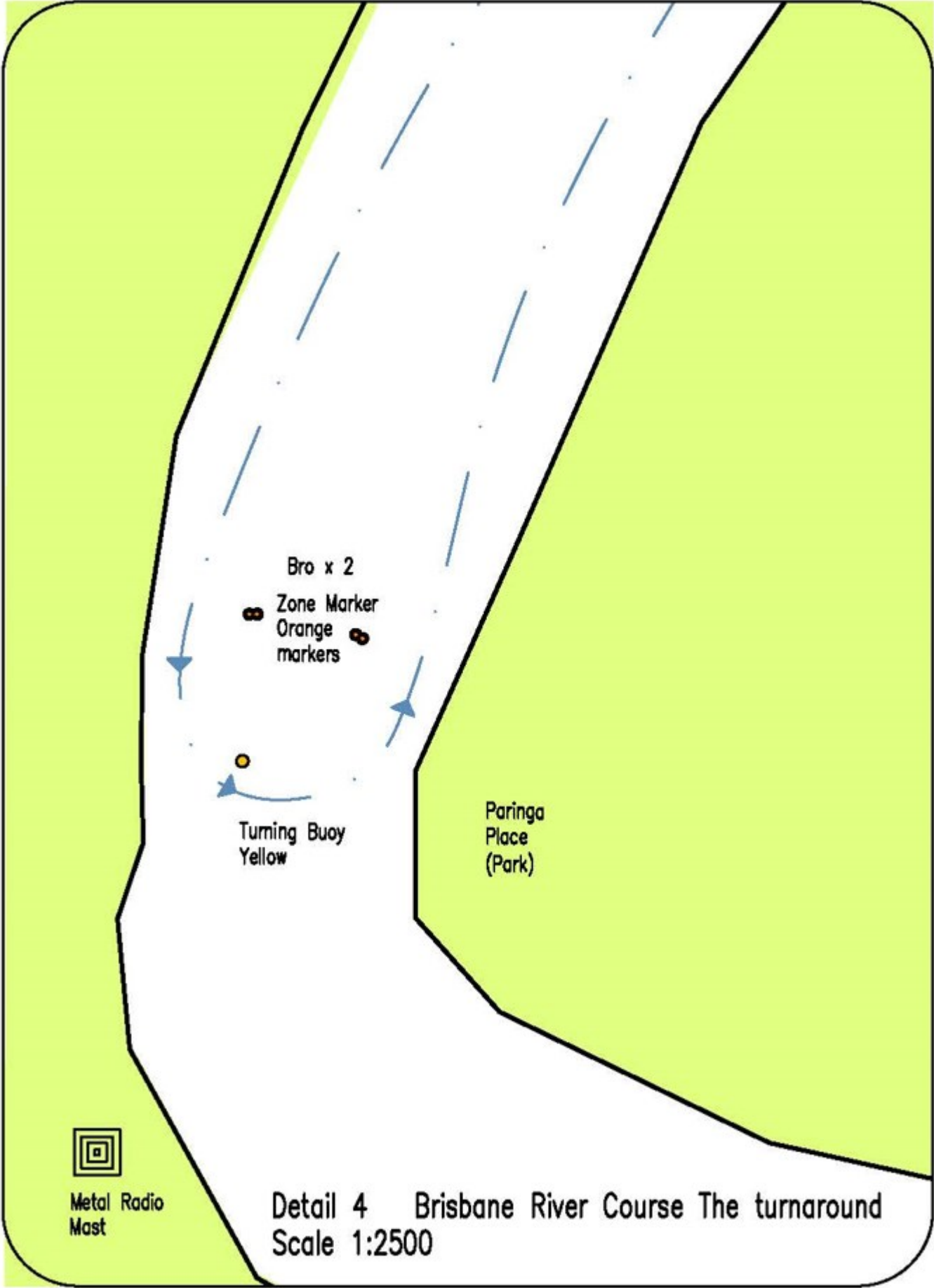


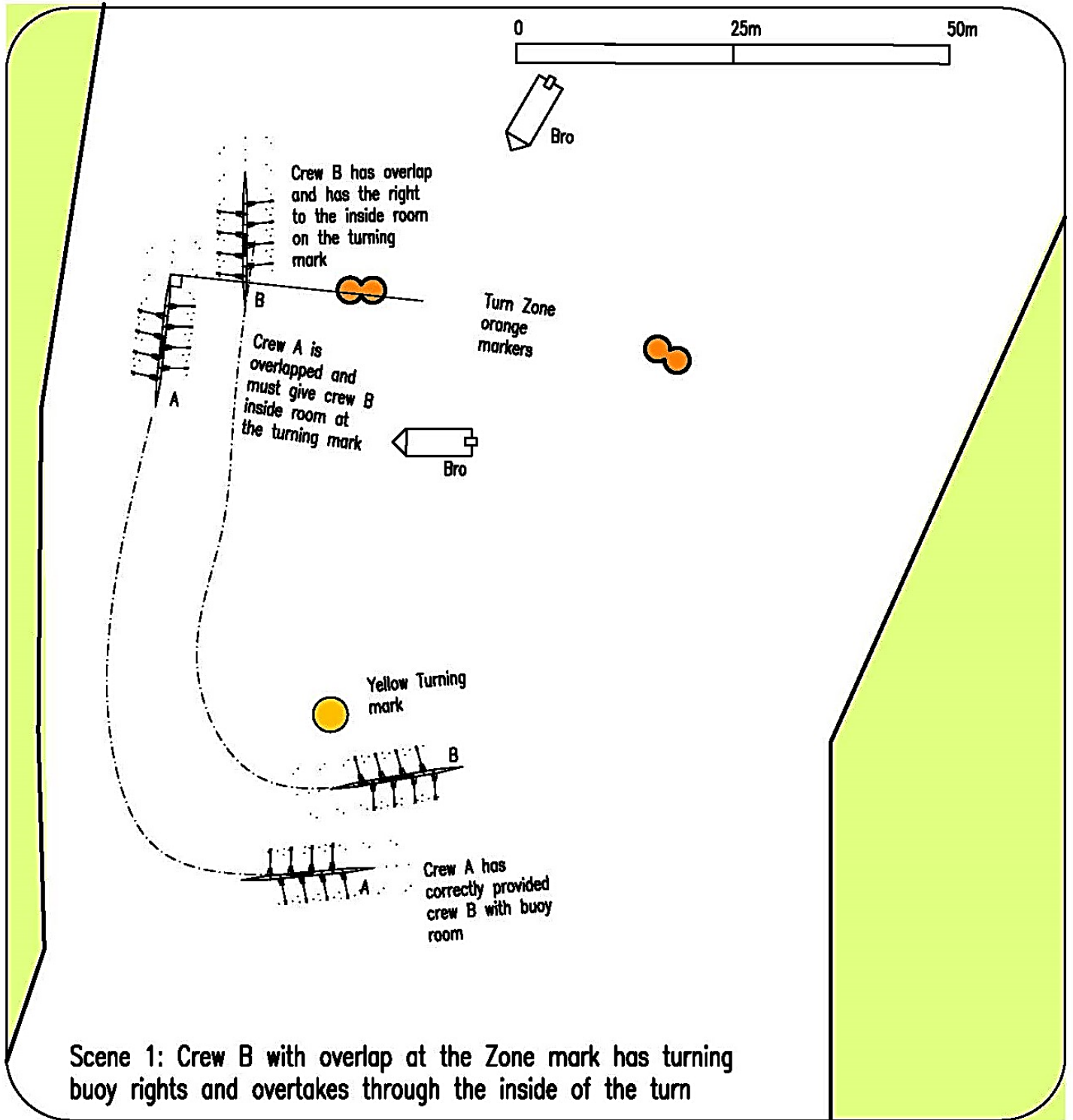
The straight past the University of Queensland and King's College will see the pressure and rating escalate.

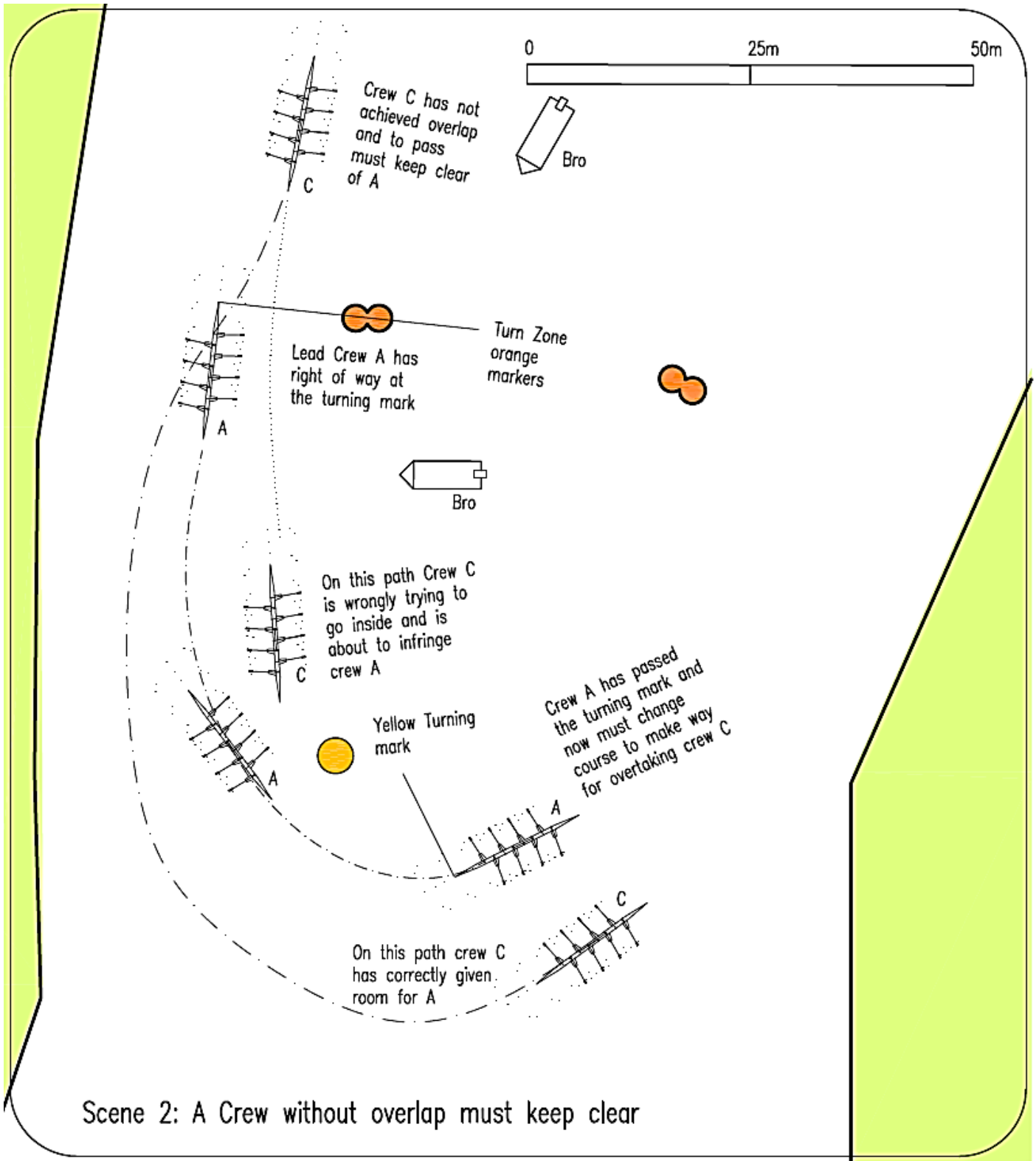


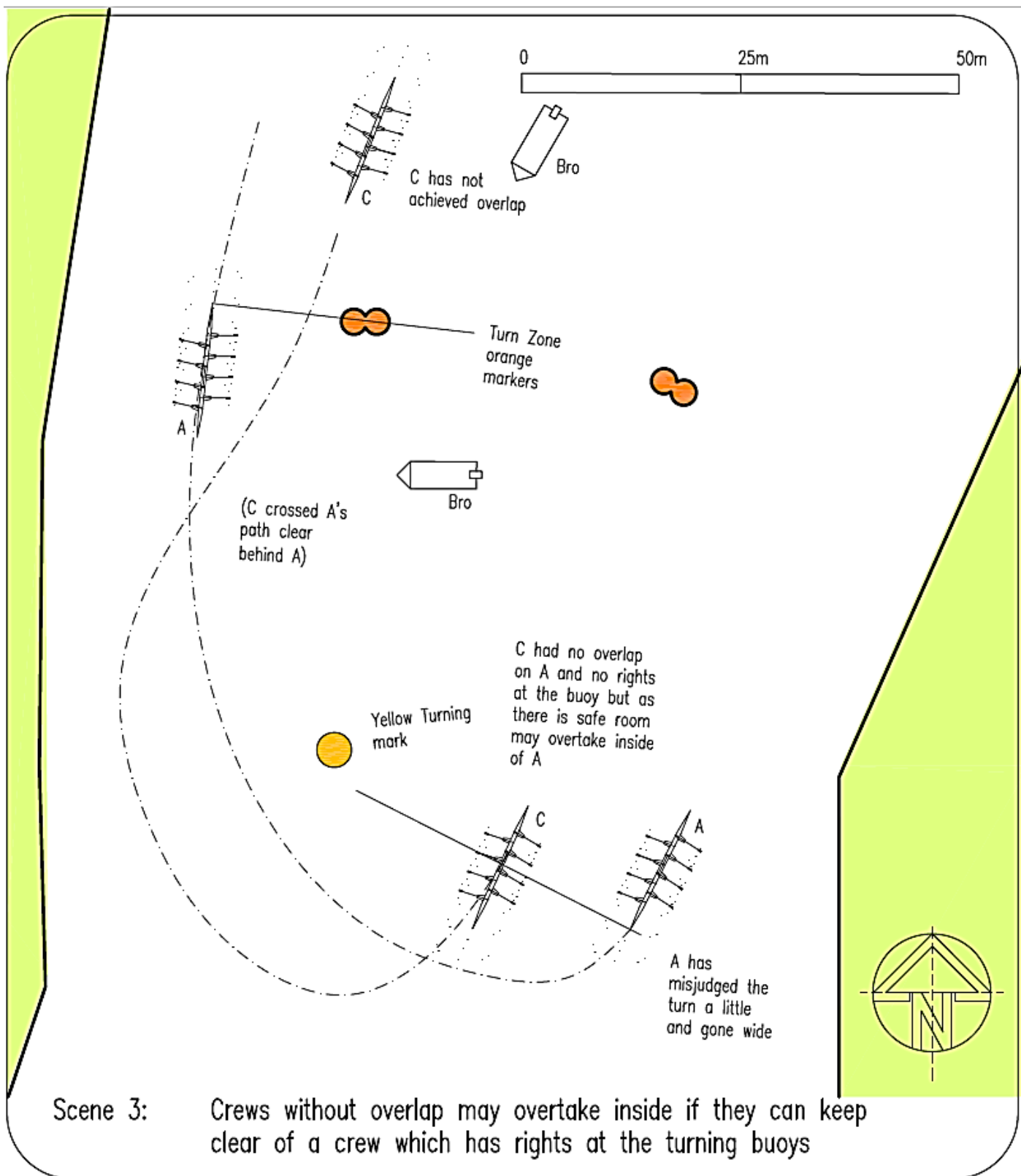
Be prepared to hear lots of yelling from coxswains. Not for the faint-hearted, the hairpin turn upstream from Paringa Place park will challenge many crews.











Once successfully (or not) through the turn, crews should make their way back up the river parallel to the Brisbane Corso and Somerville House rowing shed.

On their way back up the river and along the Somerville reach, crews must stay in their third of the river (as per the Brisbane River Code of Conduct 2011). Pass the Red Rocks Marshal and the Red Rocks Buoy with both markers on their stroke side. As fatigue sets in, crews will find themselves back under Eleanor Schonell Bridge, where the notorious Brisbane River swirls have undone the best of crews.

Once clear of the bridge, it will be time to unleash the beast and make the dash for the finish line back at TRC. Keep rowing until you can see the TRC pontoon on the other side of the bank. That will ensure you have crossed the finish line. Well done.

Congratulate yourselves, and when safe, paddle to the Toowong Rowing Club pontoon, where pontoon helpers will assist you in getting your oars and boat off the water.

Cool down, change clothes if you brought them, and then head to the coffee van for food and drinks or grab something stronger from the TRC function centre bar.

Fingers crossed you'll score a medal.

